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Psychology is the science of behavior and mind, including conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope and diverse interests that, when taken together, seek an understanding of the emergent properties of brains, and all the variety of epiphenomena they manifest. As a social science it aims to understand individuals and groups ...

Psychology - Wikipedia

Cognitive psychology is the scientific study of mental processes such as "attention, language use, memory, perception, problem solving, creativity, and thinking". Much of the work derived from cognitive psychology has been integrated into various other modern disciplines such as Cognitive Science and of psychological study, including educational psychology, social psychology, personality ...

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What is Positive Psychology & Why is It Important? [2019]

The Department of Psychological Sciences combines the areas of study found in many psychology departments with those typically found in communication sciences departments.

Department of Psychological Sciences < Case Western

Reflections on My Psychology Career: Where I Came From, and Where I Am Going (Autobiography, Ch. 21)

Reflections on My Psychology Career: Where I Came From

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Mental Health History: Moral Management movement--1800s

Abstract. This paper first describes the growing pains and challenges of the positive psychology (PP) movement and identifies the four pillars of the good life as meaning, virtue, resilience, and well-being, which are all shaped by culture.

Positive Psychology 2.0: Towards a Balanced Interactive Model

Source: Lin, Zhou, Lei, et al., used with permission. Red areas designate abnormal white matter in internet addicted teens

Gray Matters: Too Much Screen Time Damages the Brain

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